

GMHA PRESENTS

State Of Obesity



From Guidelines to Clinic: Practical Management of Obesity & Cardiometabolic Risk in 2026

Date: World Obesity Day (March 4th, 2026)

Time: 9:00 AM – 10:30 AM EST

SPEAKER



Peter Schwarz
President, International Diabetes Federation

SPEAKER



Barbara Eichorst
Vice President of Health Programs at the American Diabetes Association

SPEAKER



Jackie Kassouf Maalouf
Vice President - International Diabetes Federation

SPEAKER



JAMES KIM
Assistant Professor, Department of Family Medicine, University of Calgary, Canada International Board Member GMHA

SPEAKER



Victoria Bouhairie
Endocrinology, Obesity Medicine and Lifestyle Medicine specialist Founder & CEO Parry's Wellness and Diabetes Center

SPEAKER



Amit Gupta
Executive director GMHA Chair IDF School of Diabetes

[Click to join](#)



Streaming on Z-WAKA Healthcare Professionals



TIME

AGENDA

SPEAKER

9:00 – 9:05 AM

INTRODUCTION

9:05 – 9:10 AM

State of Obesity Address

Peter Schwarz

9:10 – 9:25 AM

From Stigma to Standard of Care: Operationalizing New ADA Guidelines

Barbara Eichorst

9:25 – 9:40 AM

The Global Burden of Obesity and Overweight: Trends, Challenges & Action

Jackie K Malouff

9:40 – 9:55 AM

Changing Systems, Healthier Lives: Addressing Systemic Drivers

James Kim

9:55 – 10:10 AM

New Frontiers in Pharmacotherapy & Comprehensive Care (Featuring ADA Guidelines)

Victoria Bouhairie

10:10 – 10:25 AM

Q&A Session

Amit Gupta

10:25 – 10:30 AM

Closing Remarks and Key Takeaways